



The Value of Sport

Positive Attitude

Mentorship

Dealing with Pressure

Teamwork

Playing by the Rules

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Mission Statement and Philosophy

Wizard Volleyball Academy is a well-organized sport program dedicated to providing its athletes with the best tactical, technical, physical training skills to reach their potential best. Our mission is to develop and promote the highest standards of leadership, professionalism, and good sportsmanship.

- Our primary goals:
 - Develop and enhance fundamental skills.
 - Increase game IQ. Be knowledgeable on and off the court.
 - Create a competitive and fun environment.
 - Display and maintain a positive attitude on and off the court.
 - Be competitive, always promote sportsmanship.

Payment and Refund Policy

Fees are due every 1st of the month and a late fee of \$15.00 will be incurred after the 10th of the month. The first payment is due on September 1st, and the last payment should be received no later than April 1st of the current season. Payment can be made online, cash, check, or Credit card - 3.5% fee applies. Family discounts: 5 - 10% off for families of two or more.

Refund policy:

Upon making a Wizard team, your commitment letter will include a non-refundable Season Commitment fee to secure your membership. A refund for any amount may be considered for documented medical reasons ONLY. The Club Director has final say of whether a member of the club will be refunded or reimbursed club fees based on medical, disciplinary/expulsion reasons from the club; or failure to follow USAV/AAU volleyball and club procedures and rules.

Communication

- Must be Open and Transparent, meaning that:
- Communication between an Adult Participant and a Minor Athlete must include a parent/guardian, another adult family member of the Minor Athlete, or another Adult Participant. This includes all communication started by a Minor Athlete.
- Only electronic platforms that can be Open and Transparent should be used.
- All team communication or communications with multiple Minor Athletes from an Adult Participant must copy or include another Adult Participant, or all the Minor Athletes' parents/guardians.
- All communication must be professional in nature.

- Organizations must honor a parent/guardian's request to discontinue communication with their Minor Athlete unless there is an emergency.
- One-one-One exceptions are allowed.
- Electronic information and communication: email, text, website will be used to communicate with parents/players of upcoming events, reminders, and other important information. It is the responsibility of the parent/player to monitor schedule and or information updates communicated through WVA emails and website.
- Contacts: Coach Merlin Theleus wizardvolley@live.com Cellular: **561-633 9351** or Marie Theleus: **561 633-9729**
- WIZARD VOLLEYBALL ACADEMY recognizes the prevalence of electronic communication and social media in today's world. Many of our student-athletes use these means as their primary method of communication. While WVA acknowledges the value of these methods of communication, WVA also realizes that there are associated risks that must be considered when adults use these methods to communicate with minors.
- All communications between a coach or other adult and an athlete must be professional in nature and for the purpose of communicating information about team activities. The content and intent of all electronic communications must adhere to the USA Volleyball Code of Conduct regarding Athlete Protection.
- For example, as with any communication with an athlete, electronic communication should not contain or relate to any of the following: Drugs or alcohol use; Sexually oriented conversation; sexually explicit language, sexual activity. The adult's personal life, social activities, relationship or family issues, or personal problems; and inappropriate or sexually explicit pictures. Note: Any communication concerning an athlete's personal life, social activities, relationship or family issues or personal problems must be transparent, accessible, and professional.
- Whether one is an athlete, coach, board member or parent, the guiding principle to always use in communication is to ask: "Is this communication something that someone else would find appropriate or acceptable in a face-to-face meeting?" or "Is this something you would be comfortable saying out loud to the intended recipient of your communication in front of the intended recipient's parents, the coaching staff, the board or other athletes?"
- With respect to electronic communications, a simple test that can be used in most cases is whether the electronic communication with athletes is Transparent, Accessible and Professional.
- **Transparent:** Communication should be clear and direct, but also free of hidden meanings, innuendo, and expectations.
- **Accessible:** All electronic communication between coaches and athletes should be considered a matter of record and part of the Club's records. Whenever possible, include another coach or parent in the communication so there is no question regarding accessibility.
- **Professional:** All electronic communication between a coach and an athlete should be conducted professionally as a representative of the Club. This includes word choice, tone, grammar, and subject matter that model the standards and integrity of a staff member.

Contacts: Merlin Theleus at wizardvolley@live.com Cellular: 561-633 9351 **Visit** www.wizardvolleyballacademy.com

- If your communication meets all three of the T.A.P. criteria, then it is likely your method and manner of communication with athletes will be appropriate.
- FACEBOOK, INSTAGRAM, BLOGS, AND SIMILAR SITES Coaches may have personal Facebook (or other social media site) pages, but they are not permitted to have any athlete member of the Club join their personal page as a “friend.” A coach should not accept any “friend” request from any athlete.
- The club has an official Facebook page where athletes and their parents can “like” or “friend” for information and updates on team-related matters.
- All team communication or communications with multiple Minor Athletes from an Adult Participant must copy or include another Adult Participant, or all the Minor Athletes’ parents/guardians. All communication must take place between the hours of 8:00 AM and 8:00 PM.
- REQUEST TO DISCONTINUE ALL ELECTRONIC COMMUNICATIONS The parents or guardians of an athlete may request in writing that their child not be contacted by coaches through any form of electronic communications. Immediate compliance without repercussion must be granted.
- MISCONDUCT social media and electronic communications can be used to commit misconduct (e.g. emotional, sexual, bullying, harassment and hazing). Such communications by coaches, staff, volunteers, administrators, officials, parents, or athletes will not be tolerated and are considered violations of our Participant Safety Handbook.
- VIOLATIONS of WVA’s social media and Electronic Communications Policy should be reported to your immediate supervisor, a Club administrator or the Regional SafeSport Officer for evaluation. Complaints and allegations will be addressed following the appropriate procedure.
- A USA Volleyball participant or parent of a participant who violates this policy is subject to appropriate disciplinary action, including but not limited to: suspension, permanent suspension and/or referral to law enforcement authorities.

Practices

- Email or text your coach in case of absence or tardiness as soon as you can.
- Practices will be held once or twice a week and will last 1 ½ up 2.00hrs exclude most holidays. **Facility and extreme Weather** may cause cancellation or postpone practices.
- Practices may be held at various indoor courts within the city vicinity, sand/beach courts may be used for special training.
- To promote teamwork environment Players are required to wear **practice uniforms**. (Appropriate clothing; cover-up recommended) and athletic shoes (cross training or running shoes preferred)

Speed and strength training

1. The goal is to increase one’s vertical leap, improve court agility, and improve teamwork and overall performance.

Private Lessons and or Clinics

- Private lessons are the key to faster develop an outstanding player. Players who practice privately with a professional show rapid improvement in individual skills.
- Clinics can help to improve a specific aspect of the individual and are usually more cost effective.

Tournament and Rules

- **Absences:** Notify your coach as soon as you know about the situation.
- Multiple absences will impact players' development, playing time and performance.
- **Uniforms and Practice:** Keep uniforms or practice shirts clean.
 - Wearing practice shirts to every practice is highly recommended.
 - **Equipment:** Volleyball gears and equipment are expensive, please handle with utmost care. Return all items to storage after each practice.
 - **Jewelry and electronic devices:** Cell phones/music players, tablets, computers are not allowed during practices. - No jewelry including and not limited to wristbands are allowed
- **Player Respect/bullying:** Disrespectful/physical behavior will not be tolerated; disciplinary action will be taken and may lead to member being forced to resign.
 - Be friendly and supportive to your teammates and all WVA associates.
- **Playing Time**
 - Teams will arrive at the playing site at least 1hr. prior to their first match and 45 min. prior to refereeing.
 - Coaches will determine Playing time and it is based on game situation, attitude, performance, and attendance; good academic report is strongly recommended. Playing time is important to all players and parents; sometimes depending on the player's abilities, expertise, experience, rotation, game situation and substitution rules, a player may see less playing time than desired. If a player feels they deserve more playing time, they need to discuss with the coach what to do to earn more playing time. Finally playing time is earned during regular practices.
 - Game Day:** Players are required to wear Wizard issued warmups or jerseys upon entering the gym. Players will provide lunch, water and all accessories required for practices and/or tournaments. Players may not leave the tournament site without the coach's permission.
 - No jewelry including and not limited to wristbands are allowed.
 - Players will learn how to keep scores, refereeing, line judge and perform these duties as designated by their coach.
 - **Sportsmanship:** Players and parents are expected to always represent the academy in a professional manner and exhibit sportsmanship. Failure to abide by the USAV/WVA rules may result in membership cancellation.

Travel Policy

Wizard Volleyball Academy teams travel regularly to play in local tournaments (driving distance), and Wizard teams may travel to away tournaments (team travel requires overnight hotel stays). Wizard Volleyball Academy prohibits all types of physical abuse, sexual abuse, emotional abuse, bullying, threats, harassment, and hazing, all as described in the USA Volleyball SafeSport Handbook. Wizard Volleyball Academy has established policies to guide our travel, minimize one-on-one interactions and reduce the risk of abuse or misconduct. Adherence to these travel guidelines will increase player safety and improve the player's experience while keeping travel a fun and enjoyable experience.

We distinguish between travel to training, practice, and local tournaments ("local travel") and team travel involving an overnight stay ("team travel").

Local Travel

Local travel occurs when **Wizard Volleyball Academy** does not sponsor, coordinate or arrange for travel.

- Players and/or their parents/guardian are responsible for making all arrangements for local travel. The team and its coaches, managers or administrators hold no responsibility for arranging or coordinating local travel. It is the responsibility of the parents/guardians to ensure the person transporting the minor player maintains the proper safety and legal requirements, including but not limited to: a valid driver's license, automobile liability insurance, a vehicle in safe working order, and compliance with applicable state laws.
- The employees, coaches and/or volunteers of Wizard Volleyball Academy or one of its teams, who are not also acting as a parent, should not drive alone with an unrelated minor player.

Team Travel

Team travel is overnight travel that occurs when Wizard Volleyball Academy or one of its teams or designees' sponsors, coordinates or arranges for travel so that our team can compete locally, regionally or nationally. Because of the greater distances, coaches, staff, volunteers, and chaperones will often travel with the players.

- When possible, **Wizard Volleyball Academy** will provide reasonable advance notice before team travel. Travel notice will also include designated team hotels for overnight stays as well as a contact person within Wizard Volleyball Academy or the team. This individual will be the point of contact to confirm your intention to travel and to help with travel details.
- The coach or his/her designee will establish a curfew by when all players must be in their hotel rooms or in a supervised location. Regular monitoring and curfew checks will be made of each room by at least two properly background screened adults. At no time should only one adult be present in a room with minor players, regardless of gender.
- Recommended: Family members who wish to stay in the team hotel are permitted and encouraged to do so.
- Wizard Volleyball Academy will make every effort to accommodate reasonable parental requests when a child is away from home without a parent. If any special arrangements are necessary for your child, please contact the team personnel who can either make or assist with making those arrangements. In all cases involving travel, parents have the right to transport their minor player.
- No coach or chaperone shall at any time be under the influence of drugs or alcohol while performing their coaching and/or chaperoning duties.

- Prior to any travel, coaches will endeavor to make players and parents aware of all expectations and rules. Coaches will also support chaperones and/or participate in the monitoring of the players for adherence to curfew restrictions and other travel rules. If disciplinary action against a player is required while the player is traveling without his/her parents, then except where immediate action is necessary, parents will be notified before any action is taken, or immediately after.

Additional Policies

- Players are expected to remain with the team at all times during the trip. Players are not to leave the competition venue, the hotel, restaurant or any other place at which the team has gathered without the permission/knowledge of the coach or chaperone. Adult Chaperones recommended at all times in all cases. When visiting public places such as shopping malls, movie theatres, etc., players will stay in groups of no less than three persons. Athletes 12 and under will be accompanied by a chaperone.
- Safety Policies
 - Supervised team room provided for relaxation and recreation
 - Respect the privacy of each other.
 - Only use hotel rooms with interior entrances
 - Must wear seatbelts and remain seated in traveling vehicles.
- Behavior Policies
 - Be quiet and respect the rights of teammates and others in the hotel;
 - Be prompt and on time. Cell phones/electronic devices may be used at appropriate time and for emergency purposes.
 - Social Media should not interfere with team safety and team spirit
 - Establish travel dress code; dress appropriate and respect self. Use appropriate behavior in public facilities, including language, tone of voice
 - Establish two different curfews – in own rooms and lights out.
 - Must stay in assigned hotel room;
 - Needs and well-being of the team come first.
- Financial
 - No room service without permission
 - Players are responsible for all incidental charges
 - Players are responsible for any damages or thievery at hotel
 - Players must participate in contracted group meals
 - Communicate travel reimbursement information and policies.

Code of Conduct / Honor Code

- a. Team members will display proper respect and sportsmanship toward coaches, officials, administrator, teammates, fellow competitors and the public at all times.
- b. Team members and staff will refrain from any illegal or inappropriate behavior that would detract from a positive image of the team or be detrimental to its performance objectives.
- c. The possession or use of alcohol or tobacco products by any athlete is prohibited.
- d. The possession, use or sale/distribution of any controlled or illegal substance or any form of weapon is strictly forbidden.

- e. Team members are reminded that when competing in tournaments, traveling on trips and attending other club-related functions, they are representing themselves, their school, their city, and WIZARD VOLLEYBALL ACADEMY. Athlete behavior must positively reflect the high standards of the club.

For Consideration:

- a. Failure to comply with the Honor Code as set forth in this document may result in disciplinary action. Such discipline by include, but may not be limited to:
 - i. Dismissal from the trip and immediate return home at the athlete's expense
 - ii. Disqualification from future tournaments, either local or traveling
 - iii. Financial penalties
 - iv. Dismissal from team; and/or
 - v. Penalties set forth in the USA Volleyball Participant Code of Conduct, which may include a lifetime ban.
- b. Players are to refrain from inappropriate physical contact at team activities.
- c. Players are to refrain from the use of inappropriate language.



Dispute/Grievance Procedure

Wizad Volleyball Academy fully comprehends the value of parent involvement and encourages our parents to offer feedback whether positive or negative, but to do so in a respectful way. The below procedure is designed to help athletes and parents with questions, concerns, or problems that may occur during the course of the season. It ensures open and honest communication between all parties involved.

1. 24-hour rule: If the athlete or parent has a concern arising from a tournament or practice that needs to be addressed, they must wait at least 24 hours after the conclusion of the event to discuss the issue with the head coach. We trust that parents will be timely in communicating with coaches regarding potential issues that would distract that coach from their primary objective of coaching the team.
2. Don't approach the coach immediately prior to the start of practice, the coach must focus on the athletes' and the training required during practice.
3. The athlete must first ask for a meeting with the coach to discuss the issue at hand. In the case of players on 13's or younger teams, the parents may request a meeting, in which the athlete, parent and coach must be present.
4. If the issue is unresolved, the parents may ask for a meeting between themselves, the athlete, and the coach to discuss the issue. The meeting should take place at a location considered adequate for

a private discussion agreed upon by both the parent and coach – NOT at a tournament and/or practice.

5. If the issue is unresolved, the parent may ask for a meeting with the club director, the head coach, and the athlete. The meeting should take place at a location considered adequate for private discussion, agreed upon by the parent, coach, and director and during a scheduled time away from practice or a tournament is appropriate. The decision of the club director at this point is **FINAL**.

It is essential that our parents serve as a support system for our club, players and coaches. To ask this, we, as the club director, staff, and coaches need to be available to empower parents and athletes with information and ensure understanding. When all parties share time together, the potential conflict creates a greater opportunity to learn from each other different strategies in how all parties can communicate effectively and be more congruent in cultivating a positive experience for our athletes.



WIZARD VOLLEYBALL ACADEMY CLUB RELEASE POLICY.

Club Release Policy

If an athlete/family decides to depart (**club name**) during the respective season, the following steps must take place:

Release Policy:

STEP 1 - The athlete/family in question must submit a written request for release to the Club Director, Jean Merlin Theleus (wizardvolley@live.com.) and to the Florida Region (at membership@floridavolleyball.org) stating the reason for the request.

Club may deny request for release of the athlete.

STEP 2 – If club approves release of the athlete.

1. All financial obligations agreed upon contractually must be paid in full before the athlete is approved to be released.
2. Payment Option – Cashier’s check or money order
3. Once payment is received by cashier’s check or money order the club will send an email to the Florida Region at membership@floridavolleyball.org approving release of the named athlete.

The club may agree to waive the requirements above on a case-by-case basis.

Transfer Policy: A player can represent only one club during the Season. A change in the geographical location of the family due to a change in job, military, scholastic or inner-collegiate status may receive special consideration. No player may participate in different Qualifying events with different clubs/teams. Proof of residency must be provided by the family at the time of the release/transfer request.

Once an athlete has participated in a **National Qualifier Event (Regional or NQ)** they may not be released for the rest of the season to another club. Please refer to the USA Volleyball (USAV) Championship Manual on releases for athletes that participate in regional or national qualifying/bid events.

Parent Name (Print)

Parent Signature

Date:

MINOR ATHLETE ABUSE PREVENTION POLICIES

PART III REQUIRED POLICIES FOR ONE-ON-ONE INTERACTIONS

The U.S. Center for SafeSport recognizes that youth-adult relationships can be healthy and valuable for development. Policies on one-on-one interactions protect children while allowing for these beneficial relationships. As child sexual abuse is often perpetrated in isolated, one-on-one situations, it is critical that organizations limit such interactions between youth and adults and implement programs that reduce the risk of sexual abuse.

ONE-ON-ONE INTERACTIONS

USA Volleyball, RVAs and USAV member clubs, as well as all Adult Participants, shall comply with the following one-on-one policy

A. Mandatory Components

1. Observable and Interruptible
 - a. All one-on-one In-Program Contact between an Adult Participant and a Minor Athlete must be observable and interruptible, except in emergency circumstances.
 - b. The exceptions below may apply to specific policies, and if the exceptions apply, they are listed in the policy. These exceptions also apply to all one-on-one In-Program Contact not specifically addressed in other policies:
 - i. When a Dual Relationship exists; or
 - ii. When the Close-in-Age Exception applies; or
 - iii. If a Minor Athlete needs an Adult Participant Personal Care Assistant, and:
 - (1) the Minor Athlete's parent/guardian has provided written consent to USA Volleyball, the Region or Club for the Adult Participant Personal Care Assistant to work with the Minor Athlete; and
 - (2) the Adult Participant Personal Care Assistant has complied with the Education & Training Policy; and
 - (3) the Adult Participant Personal Care Assistant has complied with USA Volleyball's screening policy; or
 - iv. In other circumstances specifically addressed in this policy that allow for certain one-on-one interactions if USA Volleyball, the Region or Club receives parent/ guardian consent.

MEETINGS AND TRAINING SESSIONS

USA Volleyball, RVAs and USAV member clubs, as well as all Adult Participants, shall comply with the following Meetings and Training Sessions Policy

A. Mandatory Components

1. Observable and Interruptible

Adult Participants must follow the one-on-one interaction policy in all meetings and training sessions where Minor Athlete(s) are present.

2. Individual Training Sessions

a. One-on-one, In-Program, individual training sessions must be observable and interruptible except if:

- i. A Dual Relationship exists; or
- ii. The Close-in-Age Exception applies; or
- iii. A Minor Athlete needs an Adult Participant Personal Care Assistant, and:
 - (1) the Minor Athlete's parent/guardian has provided written consent to USA Volleyball, the Region or the Club for the Adult Participant Personal Care Assistant to work with the Minor Athlete; and
 - (2) the Adult Participant Personal Care Assistant has complied with the Education & Training Policy; and
 - (3) the Adult Participant Personal Care Assistant has complied with USA Volleyball's screening policy.

b. The Adult Participant providing the individual training session must receive advance, written consent from the Minor Athlete's parent/guardian at least annually, which can be withdrawn at any time; and

c. Parents/guardians must be allowed to observe the individual training session.

3. Meetings with licensed mental health care professionals and health care providers (other than athletic trainers³)

If a licensed mental health care professional or licensed health care provider meets one-on-one with a Minor Athlete at a sanctioned event or a facility, which is partially or fully under USA Volleyball's jurisdiction, the meeting must be observable and interruptible except:

- a. If the door remains unlocked; and
- b. Another adult is present at the facility and notified that a meeting is occurring, although the Minor Athlete's identity needs not be disclosed; and

³ Athletic trainers who are covered under these policies must follow the "Athletic Training Modalities, Massages,

and Rubdowns” policy.

- c. USA Volleyball, the Region or Club is notified that the provider will be meeting with a Minor Athlete; and
- d. The provider obtains consent consistent with applicable laws and ethical standards, which can be withdrawn at any time.

B. USA Volleyball Recommended Requirements

1. Monitoring

If a permitted meeting or training session takes place between an Adult Participant(s) and a Minor Athlete(s) at a facility partially or fully under USA Volleyball’s jurisdiction, another Adult Participant will monitor each meeting or training session. Monitoring includes reviewing the parent/guardian consent form, knowing that the meeting or training session is occurring, knowing the approximate planned duration of the meeting or training session, and dropping in on the meeting or training session.

2. Parent Training

Parents/guardians receive the U.S. Center for SafeSport’s education and training on child abuse prevention before providing consent for their Minor Athlete to have a meeting or training session with an Adult Participant subject to these policies.

ATHLETIC TRAINING MODALITIES, MESSAGES, AND RUBDOWNS

USA Volleyball, RVAs and USAV member clubs, as well as all Adult Participants, shall comply with the following Athletic Training Modalities, Messages, and Rubdown policy

A. Mandatory Components

1. Athletic training modality, massage, or rubdown

All In-Program athletic training modalities, massages, or rubdowns of a Minor Athlete must:

- a. Be observable and interruptible; and
- b. Have another Adult Participant physically present for the athletic training modality, massage, or rubdown; and
- c. Have documented consent as explained in subsection (2) below; and
- d. Be performed with the Minor Athlete fully or partially clothed, ensuring that the breasts, buttocks, groin, or genitals are always covered; and
- e. Allow parents/guardians in the room as an observer, except for competition or training venues that limit credentialing.
- f. The provider must narrate the steps in the massage, rubdown, or athletic training modality before taking them, seeking assent of the Minor Athlete throughout the process.

2. Consent

- a. Providers of athletic training modalities, massages, and rubdowns or USAV, RVAs or Clubs, when applicable, must obtain consent at least annually from Minor Athletes' parents/guardians before providing any athletic training modalities, massages, or rubdowns.
- b. When possible, techniques should be used to reduce physical touch of the Minor Athlete.
- c. Only licensed providers can administer a massage, rubdown or athletic training modality.
- d. Coaches, regardless of whether they are licensed massage therapists, cannot massage Minor Athletes
- e. Minor Athletes or their parents/guardians can withdraw consent at any time.

B. Recommended components

1. Parent Training

Parents/guardians receive the U.S. Center for SafeSport education and training on child

abuse prevention before providing consent for their Minor Athlete to receive an athletic training modality, massage, or rubdown.

LOCKER ROOMS AND CHANGING AREAS

USA Volleyball, RVAs and USAV member clubs, as well as all Adult Participants, shall comply with the following Locker Rooms and Changing Areas policy

A. Mandatory Components

1. Observable and Interruptible

Adult Participants must ensure that all one-on-one In-Program Contact with Minor Athlete(s) in a locker room, changing area, or similar space where Minor Athlete(s) are present is observable and interruptible, except if:

- a. A Dual Relationship exists; or
- b. The Close-in-Age Exception applies; or
- c. A Minor Athlete needs a Personal Care Assistant and:
 - i. the Minor Athlete's parent/guardian has provided written consent to USA Volleyball, the Region or the Club for the Adult Participant Personal Care Assistant to work with the Minor Athlete; and
 - ii. the Adult Participant Personal Care Assistant has complied with the Education & Training Policy; and
 - iii. the Adult Participant Personal Care Assistant has complied with USA Volleyball's screening policy.

2. Conduct in Locker Rooms, Changing Areas, and Similar Spaces

- a. No Adult Participant or Minor Athlete can use the photographic or recording capabilities of any device in locker rooms, changing areas, or any other area designated as a place for changing clothes or undressing.
- b. Adult Participants must not change clothes or behave in a manner that intentionally or recklessly exposes their breasts, buttocks, groins, or genitals to a Minor Athlete.
- c. Adult Participants must not shower with Minor Athletes unless:
 - i. The Adult Participant meets the Close-in-Age Exception; or
 - ii. The shower is part of a pre- or post-activity rinse while wearing swimwear.
- d. Parents/guardians may request in writing that their Minor Athlete(s) not change or shower with Adult Participant(s) during In-Program Contact. USA Volleyball and the Adult Participant(s) must abide by this request.

3. Media and Championship Celebrations in Locker Rooms

USA Volleyball may permit recording or photography in locker rooms for the purpose of highlighting a sport or athletic accomplishment if:

- i. Parent/legal guardian consent has been obtained; and
- ii. USA Volleyball, the Region or Club approves the specific instance of recording or photography; and
- iii. Two or more Adult Participants are present; and
- iv. Everyone is fully clothed.

4. Personal Care Assistants

Adult Participant Personal Care Assistants are permitted to be with and assist Minor Athlete(s) in locker rooms, changing areas, and similar spaces where other Minor Athletes are present, if they meet the requirements in subsection (1)(a)(iii) above.

5. Availability and Monitoring of Locker Rooms, Changing Areas, and Similar Spaces

- a. USA Volleyball, the Region or Club must provide a private or semi-private place for Minor Athletes that need to change clothes or undress at sanctioned events or facilities partially or fully under USA Volleyball's jurisdiction.
- b. USA Volleyball the Region or Club must monitor the use of locker rooms, changing areas, and similar spaces to ensure compliance with these policies at sanctioned events or facilities partially or fully under USA Volleyball's jurisdiction.

ELECTRONIC COMMUNICATIONS⁴

USA Volleyball, RVAs and USAV member clubs, as well as all Adult Participants, shall comply with the following Electronic Communications policy

A. Mandatory Components

1. Open and Transparent

- a. All one-on-one electronic communications between an Adult Participant and a Minor Athlete must be Open and Transparent except:
 - i. When a Dual Relationship exists; or
 - ii. When the Close-in-Age Exception applies; or
 - iii. If a Minor Athlete needs a Personal Care Assistant and:
 - (1) the Minor Athlete's parent/guardian has provided written consent to USA Volleyball, the Region or Club for the Adult Participant Personal Care Assistant to work with the Minor Athlete; and
 - (2) the Adult Participant Personal Care Assistant has complied with the Education & Training Policy; and
 - (3) the Adult Participant Personal Care Assistant has complied with USA Volleyball's screening policy.
- b. Open and Transparent means that the Adult Participant copies or includes the Minor Athlete's parent/guardian, another adult family member of the Minor Athlete, or another Adult Participant.
 - If a Minor Athlete communicates with the Adult Participant first, the Adult Participant must follow this policy if the Adult Participant responds.
- c. Only platforms that allow for Open and Transparent communication may be used to communicate with Minor Athletes.

2. Team Communication

When an Adult Participant communicates electronically to the entire team or any number of Minor Athletes on the team, the Adult Participant must copy or include another Adult Participant or the Minor Athletes' parents/guardians.

3. Content

All electronic communication originating from an Adult Participant(s) to a Minor Athlete(s) must be professional in nature unless an exception in (1)(a) exists.

⁴Electronic communications include, but are not limited to: phone calls, videoconferencing, video coaching, texting, and social media.

4. Requests to discontinue

Parents/guardians may request in writing that USA Volleyball or an Adult Participant subject to this policy not contact their Minor Athlete through any form of electronic communication. USA Volleyball and the Adult Participant must abide by any request to discontinue, absent emergency circumstances.

5. Hours

Electronic communications must be sent only between the hours of 8:00 a.m. and 8:00 p.m. local time for the location of the Minor Athlete.

6. Social Media Connections

Adult Participants, except those with a Dual Relationship or who meet the Close-in-Age Exception, are not permitted to maintain private social media connections with Minor Athletes and must discontinue existing social media connections with Minor Athletes.

TRANSPORTATION

USA Volleyball, RVAs and USAV member clubs, as well as all Adult Participants, shall comply with the following Transportation policy

A. Mandatory Components

1. Transportation

- a. An Adult Participant cannot transport a Minor Athlete one-on-one during In-Program travel, except if:
 - i. A Dual Relationship exists; or
 - ii. The Close-in-Age Exception applies; or
 - iii. A Minor Athlete needs a Personal Care Assistant and:
 - (1) the Minor Athlete's parent/guardian has provided written consent to USA Volleyball, the Region or Club for the Adult Participant Personal Care Assistant to work with the Minor Athlete; and
 - (2) the Adult Participant Personal Care Assistant has complied with the Education & Training Policy; and
 - (3) the Adult Participant Personal Care Assistant has complied with USA Volleyball's screening policy; or
 - iv. The Adult Participant has advance, written consent to transport the Minor Athlete one-on-one obtained at least annually from the Minor Athlete's parent/guardian.
- b. Minor Athlete(s) or their parent/guardian can withdraw consent at any time.
- c. An Adult Participant meets the In-Program transportation requirements if the Adult Participant is accompanied by another Adult Participant or at least two minors.
- d. Written consent from a Minor Athlete's parent/guardian is required for all transportation sanctioned by USA Volleyball, the Region, or Club at least annually.

2. Shared or Carpool Travel Arrangement

USA Volleyball mandates parents/guardians to pick up their Minor Athlete first and drop off their Minor Athlete last in any shared or carpool travel arrangement.

LODGING

USA Volleyball, RVAs and USAV member clubs, as well as all Adult Participants, shall comply with the following Lodging policy

A. Mandatory Components

1. Hotel Rooms and Other Sleeping Arrangements

- a. All In-Program Contact at a hotel or lodging site between an Adult Participant and a Minor Athlete must be observable and interruptible, and an Adult Participant cannot share a hotel room or otherwise sleep in the same room with a Minor Athlete(s), except if:
 - i. A Dual Relationship Exists, and the Minor Athlete's parent/guardian has provided USA Volleyball, the Region or Club with advance, written consent for the lodging arrangement;
 - ii. The Close-in-Age Exception applies, and the Minor Athlete's parent/guardian has provided USA Volleyball, the Region or Club with advance, written consent for the lodging arrangement; or
 - iii. The Minor Athlete needs a Personal Care Assistant, and:
 - (1) The Minor Athlete's parent/guardian has provided advance, written consent to USA Volleyball, the Region or Club for the Adult Participant Personal Care Assistant to work with the Minor Athlete and for the lodging arrangement;
 - (2) The Adult Participant Personal Care Assistant has complied with the Education & Training Policy; and
 - (3) The Adult Participant Personal Care Assistant has complied with USA Volleyball's screening policy.
- b. Written consent from a Minor Athlete's parent/guardian must be obtained for all In-Program lodging at least annually.

2. Monitoring or Room Checks During In-Program Travel

If USA Volleyball, the Region or Club performs room checks during In-Program lodging, the one-on-one interaction policy must be followed and at least two adults must be present for the room checks.

3. Additional Requirements for Lodging Authorized or Funded by USA Volleyball, RVAs or Clubs.

- a. Adult Participants traveling with USA Volleyball, the Region or Club must agree to and sign USA Volleyball, the Region or Club's lodging policy at least annually.
- b. Adult Participants that travel overnight with Minor Athlete(s) are assumed to have Authority over Minor Athlete(s) and thus must comply with the Center's Education & Training Policy.

PART IV

RECOMMENDED POLICIES FOR KEEPING YOUNG ATHLETES SAFE

A. Out-of-Program Contact

Adult Participants, who do not meet the Close-in-Age Exception nor have a Dual Relationship with a Minor Athlete, should not have out-of-program contact with Minor Athlete(s) without legal/parent guardian consent, even if the out-of-program contact is not one-on-one.

B. Gifting

1. Adult Participants, who do not meet the Close-in-Age Exception nor have a Dual Relationship with a Minor Athlete, should not give personal gifts to Minor Athlete(s).
2. Gifts that are equally distributed to all athletes and serve a motivational or education purpose are permitted.

C. Photography/Video

1. Photographs or videos of athletes may only be taken in public view and must observe generally accepted standards of decency.
2. Adult Participants should not publicly share or post photos or videos of Minor Athlete(s) if the Adult Participant has not obtained the Parent/Guardian and Minor Athlete's consent.

TERMINOLOGY

Adult Participant: Any adult (18 years of age or older) who is:

- a. A member or license holder of USA Volleyball, RVAs or Clubs ;
- b. An employee or board member of USA Volleyball, RVAs or Clubs ;
- c. Within the governance or disciplinary jurisdiction of USA Volleyball, RVAs or Clubs ;
- d. Authorized, approved, or appointed by USA Volleyball, RVAs, or Clubs to have regular contact with or authority over Minor Athletes.⁵

Amateur Athlete: An athlete who meets the eligibility standards established by the National Governing Body or paralympic sports organization for the sport in which the athlete competes.

Authority: When one person's position over another person is such that, based on the totality of the circumstances, they have the power or right to direct, control, give orders to, or make decisions for that person. Also see the [Power Imbalance definition in the SafeSport Code](#). *NOTE: NGBs, PSOs, and the USOPC must submit/include categories of members/individuals that fall under the definition including specific volunteer designations.*

Close-in-Age Exception: An exception applicable to certain policies when an Adult Participant does not have authority over a Minor Athlete *and* is not more than four years older than the Minor Athlete (e.g., a 19-year-old and a 16-year-old). Note: this exception *only* applies within the prevention policies and *not* regarding conduct defined in the SafeSport Code.

Dual Relationships: An exception applicable to certain policies when an Adult Participant has a dual role or relationship with a Minor Athlete and the Minor Athlete's parent/guardian has provided written consent at least annually authorizing the exception.

In-Program Contact: Any contact (including communications, interactions, or activities) between an Adult Participant and any Minor Athlete(s) related to participation in sport.

Examples of In-Program Contact include, but are not limited to: competition, practices, camps/clinics, training/instructional sessions, pre/post game meals or outings, team travel, review of game film, team- or sport-related relationship building activities, celebrations, award ceremonies, banquets, team- or sport-related fundraising or community service, sport education, or competition site visits.

⁵This may include volunteers, medical staff, trainers, chaperones, monitors, contract personnel, bus/van drivers, officials, adult athletes, staff, board members, and any other individual who meets the Adult Participant definition

Local Affiliated Organization (LAO): A regional, state, or local club or organization that is directly affiliated with an NGB or that is affiliated with an NGB by its direct affiliation with a regional or state affiliate of said NGB. LAO does not include a regional, state, or local club or organization that is only a member of a National Member Organization of an NGB. LAOs of USA Volleyball include all 41 Regional Volleyball Association regions and all volleyball clubs that are a member of those regions.

Minor Athlete: An Amateur Athlete under 18 years of age who participates in, or participated within the previous 12 months in, an event, program, activity, or competition that is part of, or partially or fully under the jurisdiction of, an NGB, PSO, USOPC, or LAO.

Partial or Full Jurisdiction: Includes any sanctioned event (including all travel and lodging in connection with the event) by the NGB, PSO, USOPC, or LAO, or any facility that the NGB, PSO, USOPC, or LAO owns, leases, or rents for practice, training or competition.

National Governing Body (NGB): A U.S. Olympic National Governing Body, Pan American Sport Organization, or Paralympic Sport Organization recognized by the U.S. Olympic & Paralympic Committee pursuant to the Ted Stevens Olympic and Amateur Sports Act, 36 U.S.C. §§ 220501, et seq. This definition shall also apply to the USOPC, or other sports entity approved by the USOPC, when they have assumed responsibility for the management or governance of a sport included on the program of the Olympic, Paralympic, or Pan-American Games.

Adult Participant Personal Care Assistant: An Adult Participant who assists an athlete requiring help with activities of daily living (ADL) and preparation for athletic participation. This support can be provided by a Guide for Blind or visually impaired athletes or can include assistance with transfer, dressing, showering, medication administration, and toileting. Personal Care Assistants are different for every athlete and should be individualized to fit their specific needs. When assisting a Minor Athlete, Adult Participant PCAs must be authorized by the athlete's parent/guardian.

Paralympic Sport Organization (PSO): an amateur sports organization recognized and certified as an NGB by the USOPC.

Regular Contact: Ongoing interactions during a 12-month period wherein an Adult Participant is in a role of direct and active engagement with any Minor Athlete(s). *NOTE: NGBs, PSOs, and the USOPC must submit/include categories of members/individuals that fall under the definition including specific volunteer designations.*

U.S. Olympic & Paralympic Committee (USOPC): A federally chartered nonprofit corporation that serves as the National Olympic Committee and National Paralympic Committee for the United States.

APPENDIX I

CHART OF POSSIBLE ADULT PARTICIPANTS IN USAV:

Adult Participant	Regular Contact	Authority Over
USAV Staff/Interns	X	X
USAV Board Members		X
Region/Club Staff	X	X
Region/Club Board Members		X
Coaches	X	X
Officials	X	X
USAV Members 18 years or over on teams with Minors	X	
Chaperones	X	X
Club Administrators	X	X
Arbitrators	X	X
Medical Professionals	X	X
Athletic Trainers	X	X
Independent Contractors	X	

USAV Members 18 and over who are only participating in Opens (i.e., not also a club coach, chaperone, or board member) with no minor players are not required to take training.

WVA Player Honor Code

1. The greatest factor that will determine the success of any individual is positive **attitude**. "I will, I can".
2. I understand that I am a valuable puzzle of the team and that the success of the team is each player's first priority.
3. I will respect my coach and staff member as they have more experience and expertise than me.
4. I will respect and support my teammate as we are a team.
5. I will follow all WVA rules and guidelines and will be responsible for my actions.
6. I will represent WVA with pride and always demonstrate sportsmanship in honor of the sport and WVA.

WVA Parent Code of Conduct

1. I understand that the coach is the volleyball expert; the coach will decide playing time based on skills, strategies, position, game rules etc.
2. Mutual respect – We ask parents to refrain at all times from negative comments about teammates, opposition, referees and coaches. This includes comments from the stands, during the ride home from practice or game. Please encourage your child to pay attention, practice what they learned and be positive. Help us reinforce a positive attitude on and off the court.
3. I will be responsible for my financial obligations and will make arrangement for alternative payments as needed.
4. I will represent WVA with pride, cheer for WVA and avoid cheering against opponent or disrespecting others.
5. Get involved - It is important for children and even adults to be involved with an organization that provides a sense of belonging. Team programs, such as volleyball, provides structure and meaning to life, build social skills, create lasting and memorable friendships, instill wellbeing, and help children become well-rounded citizens

Encourage but do not coach.

You should also employ proper cheering techniques.

1. Do not boo or intimidate any player, official, or spectator.
2. Avoid - players know when they make mistakes; your gasp only highlights their error. Instead yell something positive, like "Let's go, you can do it," and eventually they will.
3. No "coaching" from the sidelines. Coaches spend many hours teaching your child the game of volleyball and how to become a better player - let them continue this endeavor at tournaments. Otherwise, you will have six players looking into the stands at parents hollering coaching advice and none of them will hear the coach.

4. It is fine to appreciate great performances - by either team! So, when the opponents make a magnificent play, give them a cheer. If the play is just unbelievable, stand up and cheer.

By following these essential supporting principles, your athletes, teams, and coaches will reap great rewards. Then, when you share them with other parents, everyone will benefit.

Consequences for Not Meeting Expectations

- **First Offense:** Verbal warning from the coach, discussing the issue and expected improvements.
- **Second Offense:** Reduced playing time or sitting out part of practice. A meeting with the player, coach, and possibly parents to address the issue.
- **Third Offense:** Possible suspension from the team for a set period or even the remainder of the season, depending on the severity of the issue.

Acknowledgment

- **Player Agreement:** I have read and understand the expectations and guidelines for this volleyball season. I agree to uphold these standards and contribute positively to the team.

Player Signature: _____

Date: _____

Parent/Guardian Agreement: I have read and understand the expectations and guidelines for my child's participation this season. I agree to support them in meeting these expectations.

Parent/Guardian Signature: _____

Date: _____

Fundraising WVA entry – Pending

- Each player will sell a minimum of #discount cards for x\$
- Player keeps %x\$

Periodic and scheduled Events

- Parents and or Players Meeting (TBA)
- Video Training (TBA)
- Practice/tournaments, visit website www.wizardvolleyballacademy.com

Special Information - Fluid control

Volleyball is considered a sport that requires speed, endurance and power. Matches require a volleyball player to maintain high energy over several games. Two of the most important items that will affect energy levels in play are fluid status and carbohydrate intake. Goal is to keep hydration status up and provide the muscles carbohydrate to do work and rebuild muscle glycogen stores. Do not rely on thirst; an athlete has already lost 1 – 1.5 liters of fluid by the time they feel thirsty. Rebuilding glycogen stores and keeping glucose levels adequate requires drinking liquids that contain carbohydrate during and immediately after playing a match and eating high carbohydrate food items immediately after

Contacts: Merlin Theleus at wizardvolley@live.com Cellular: 561-633 9351 **Visit** www.wizardvolleyballacademy.com

a game if there is a break. If another game follows immediately then replenishing both fluid stores and carbohydrates is done using a sports drink.

Recommendation to maintain fluid intake

- Goal is to start day with good hydration status and maintain that status. Color of urine is best indicator - light yellow means drinking enough fluids, if dark amber liquid intake is not enough. 1 to 1.5 hours before you are set to play first game at a tournament, drink at least 2 cups of fluid within short time period – can be water, 100% juice, sports drink. Should not be caffeine containing like coffee nor high sugar like soda. Sport drinks provide a combination of carbohydrate and fluid. Gatorade stimulates fluid absorption faster than other sports drinks due to type and amount of carbohydrate. But personal preference for game day beverage is important as athletes need to like the drink they will be using.
- Parents and coaches need to encourage adequate fluid intake as children/teenagers are not good judges of their fluid needs and will frequently skip drinking liquids or drink less than what they really need

Cut Here

Wizard Volleyball Academy is open to all positive suggestions.

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Wizad Volleyball Academy Support Program

Wizad Volleyball Academy created in 2014 to offer a different club experience in Palm Beach: Greenacres, Lake Worth, and Boynton Beach. Wizad volleyball is a well-organized sport academy dedicated to providing its athletes with the best tactical, technical, physical training skills to reach their potential best. Our mission is to develop and promote the highest standards of leadership, professionalism and good sportsmanship. Character Driven: We focus on key character traits that help define a person as he or she grows, including: integrity, intensity, teamwork, leadership, discipline, courage and sportsmanship.

Sponsor Agreement

Yes! I want to support a player of the Wizad Volleyball Academy Program for this Season

Sponsor's Name: _____

Sponsor's Address: _____

City: _____ Zip Code: _____

Business Phone: _____ Cell Phone: _____

Contribution Amount: \$ _____ Please make check payable to WVA

Player's Name: _____

Player's Signature: _____ Date: _____

Thank you for supporting a player's participating in one of Wizad Volleyball Academy's volleyball program. Our player and organization will benefit tremendously from your generous and timely sponsorship. Your sponsorship is tax deductible. Please complete and return with check made payable to: Wizad Volleyball Academy 321 S Cleary Rd, West Palm Beach, Florida 33413

Question: Call Jean Merlin Theleus the Wizad at (561) 633-9351 or wizardvolley@live.com